



Bidhannagar College

Govt. of West Bengal

**EB-2, SECTOR-1, SALT LAKE,
KOLKATA – 700 064, WEST BENGAL, INDIA**



Report of

NSS SPECIAL CAMP

Theme: Health & Family

From 21.03.2023 to 27.03.2023

**Venue: Sanjog Community Hall
Ward No. 38, Duttabad
Bidhannagar Municipal Corporation**

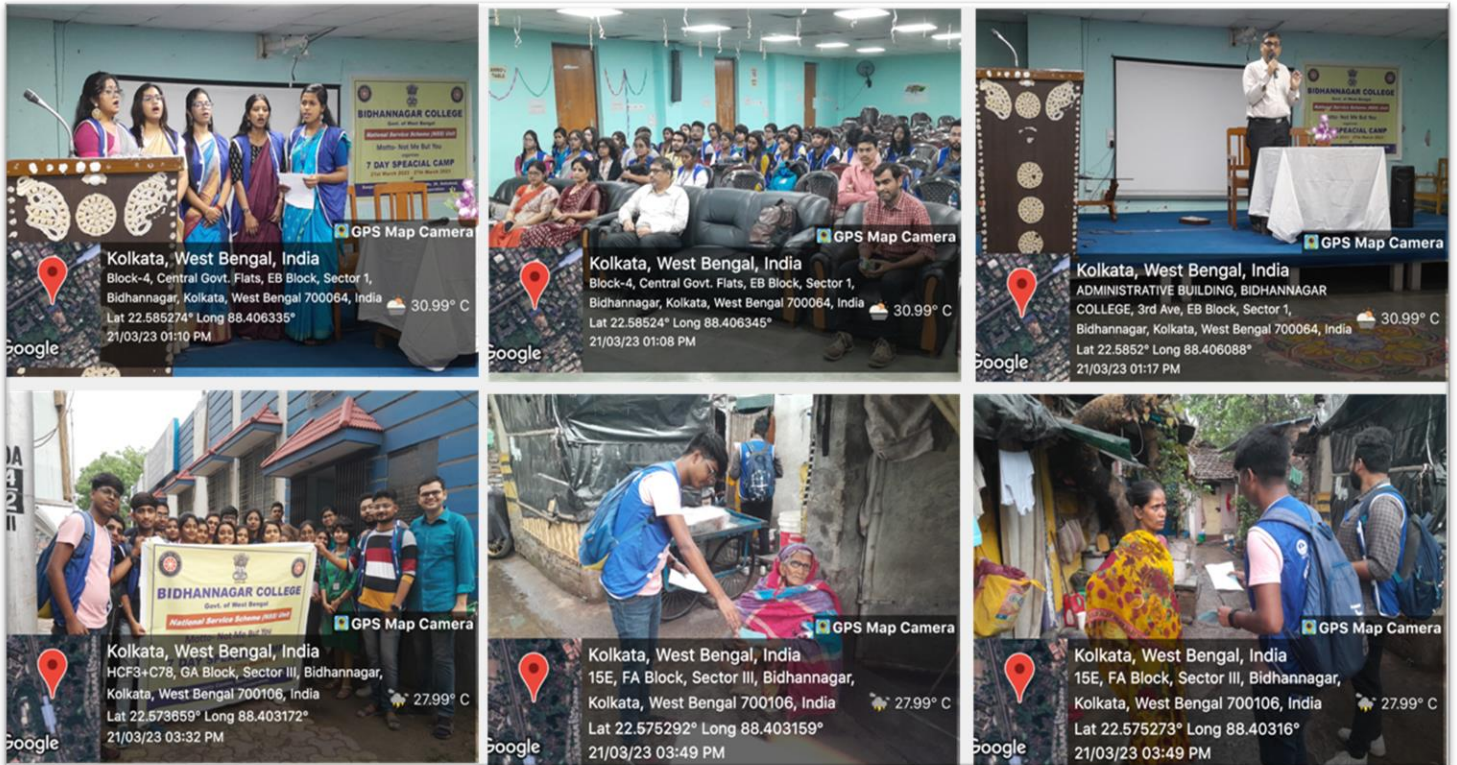
National Service Scheme (NSS) is an Indian government sponsored programme under the Department of Youth Affairs and Sports, Government of India, which has been initiated primarily with aim of participation in nation building through social work among the students. NSS was established in 1969 with a vision of personality development of students through community service. NSS Unit has been introduced in colleges with an objective of building a sense of social responsibility amongst students, acquire leadership qualities and practise national integration and social harmony. Special camping is an integral part of NSS and it has special appeal to the youth as it provide unique opportunity to the students for group activities, collective experience sharing and constant interaction with the community. As part of it, Bidhannagar College NSS unit organized Special Camp from 21th March to 27th March, 2023 at Sanjog Community Hall, Duttabad, Ward No.38, under Bidhannagar Municipal Corporation, District – North 24 Parganas. Objective of our special camp is raise awareness in current health/social problem, like cancer, AIDS, vector born disease, human trafficking, importance of proper nutrient for child and mother etc to the slum dwellers. We had also organized health /eye check up camp .drawing competition, cultural workshop among children. All programme were oriented towards the benefit of the society.

DAY 1, Date: 21/03/2023

THE OPENING CEREMONY

The commencement of the Special Camp began with the inaugural programme that was held in our college seminal hall at 12 pm. Inaugural programme was initiated by NSS song, sung by group of NSS Volunteers. Our principal Dr. Saurabh Chakraborti inaugurates the camp and gave the inaugural address. He explained vision, mission and the main purpose of the NSS camp we had organized. He has made NSS volunteers remember about their responsibility towards the society and on need for students' service for the development of the general public. He stressed the importance of the young minds and enthusiasm for development of our country through service. He also encouraged the volunteers to get praised from the locality where the camp was held and make a impression on the locality through their 7 day service.

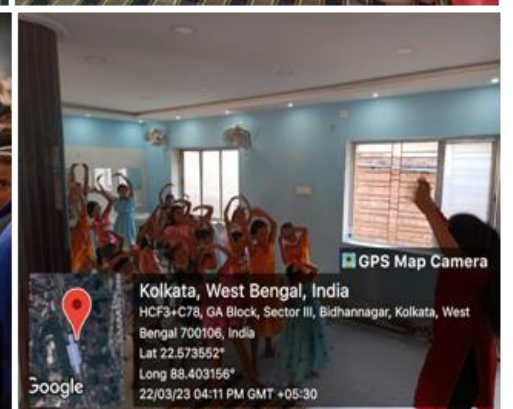
After lunch break volunteers accompanied by 5 faculty member including programme officer were reach to the camp location and sensitized the local people about our programme by door to door visit and distribute leaflet among them. Volunteers encouraged them for attending the camp. Total 34 volunteer and 7 teachers were attended



DAY 2, Date: 22/03/2023

CANCER AWARENESS PROGRAMME AND DANCE /RECITATION WORKSHOP

The second day programme was started by cleaning of the community hall where camp would be held. After light breakfast they were getting ready for the camp activity. In 1st half CANCER AWARENESS seminar was organized. Dr. Ketaki Maitra, Oncologist aware the people about cancer. She emphasized on early symptoms of various cancer like breast, cervixes, prostate, lung etc , early diagnosis and treatment regimen and from where they get low cost treatment. She aware the community on not to afraid of cancer and early diagnosis and treatment can cure it. Then there are interactive sessions where Dr. Maitra clears several doubt and myth about cancer. In 2nd half dance and recitation workshop were organized among local children by NSS Volunteer. Total 26 volunteers and 30 children participate in this event.



DAY 3, Date: 23/03/2023

HEALTH AND EYE CHECK-UP CAMP

On 3rd day of the camp Bidhannagar College NSS unit organized free health and eye check up camp at the community center in association with Central Calcutta Society for Advancement of Human Development and Research and Susrut Eye Foundation and Research Centre, Saltlake. In the camp general physical examination, pressure, pulse, general eye check up, eye power test, colorblindness test were done for the students and local people. Dr. Sabana Roy Choudhury and her associates conduct the health camp and an eye check up camp was conducted by Mr. Samapan Gyan and his team member. Necessary medical advice and precautionary measures were given to the patient. The students were given the task of taking down the details of the people who came for this health check-up and guide the people for the same. The doctors carefully listened to the problems that patients were facing and provided an appropriate solution to cure it. Majority of the people were suffering from chronic joint pain and high blood pressure, Diabetics and some have problem in eyes specially in older people. The camp lasted for 5 hours, from 11am to 4pm. More than 100 people attended the camp. Total 28 NSS volunteers and 4 teachers were present.



DAY 4, Date: 24/03/2023

CAMPAIGN AGAINST HUMAN TRAFFICKING AND DANCE/ RECITATION WORKSHOP

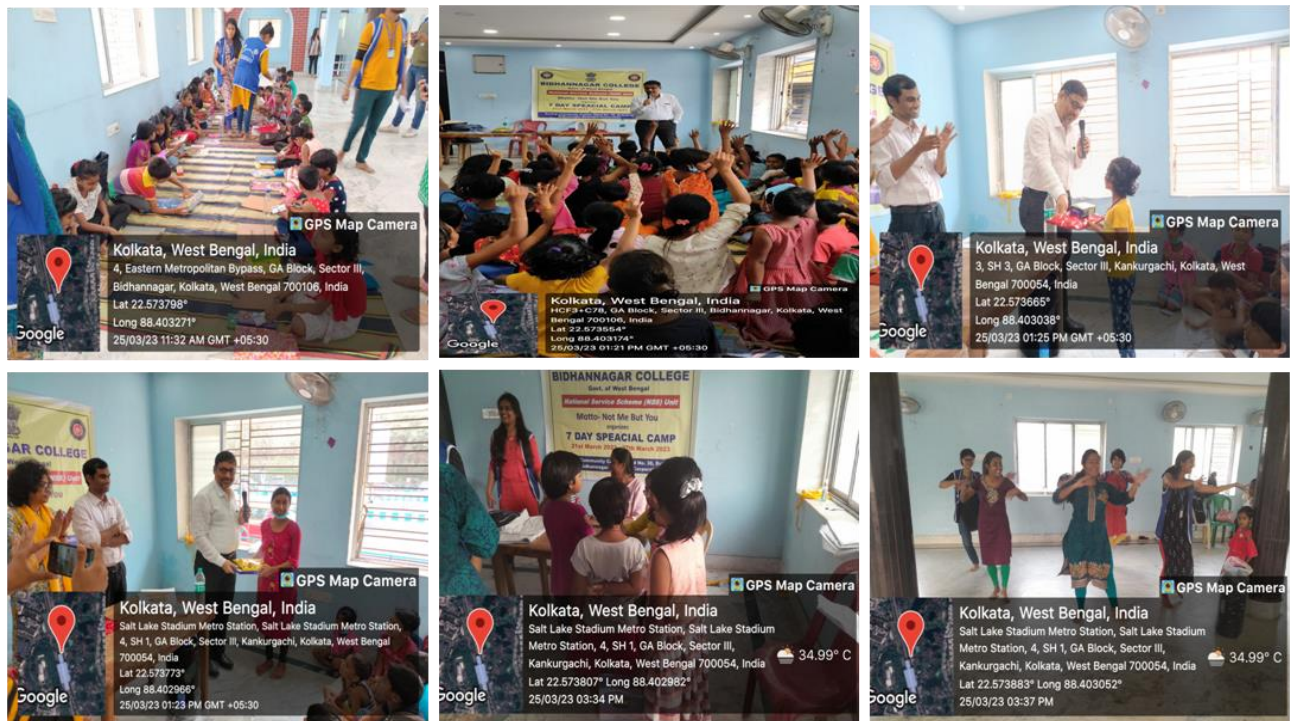
On fourth day of the camp, we organized a awareness programme on human trafficking with association with New Light, a registered charitable trust based in Kalighat, Kolkata. On behalf of New Light, Smt. Sima Banerjee spoke about various Services provided by New Light including education, health care, nutritional support, recreational facilities, HIV/AIDS care, income opportunities for women and care for at-risk children. She also aware the students, local people on how trafficking happen in practical life and how it would avoided. Then a survivor of human trafficking Ms. Salma Bibi (name changed) shared her life experience. The shocking rescue story of her life had touched the hearts of all the audience and made them aware of the human trafficking continuously going on in our society and how you does not get trapped in it. In the second half of the camp dance workshop was organized and 25 local children were participated.



DAY 5, Date: 25/03/2023

DRAWING COMPETITION AND DANCE/ RECITATION WORKSHOP

On fifth day we organized a sit and draw competition for local children under age of 10 years. 53 children were participated in the competition. Total 53 children participated in the competition. Among them those who secure 1st, 2nd and 3rd position, our principal sir gave the prize to them. Then recitation and dance workshop were organized by NSS volunteer. Total 31 NSS volunteers and 3 teachers were present



DAY 6, Date: 26/03/2023

AWARENESS CAMPAIGN ON VECTOR BORN DISEASE AND DANCE/ RECITATION WORKSHOP

Next day we organized Dengue awareness campaign for the local resident. Smt. Urmi Mitra, Assistant Professor, Dept of zoology explained the symptoms of Dengue Fever, like continuous vomiting, knee pain, stomach pain, head ache, and body pain, and also gave practical awareness about how dengue spread by mosquitoes and how they breeds in Flower pots, Water coolers, Refrigerators, and Wastages. She suggests the participant to be cautioned about little stagnant water at anywhere and clear the place for prevention of breeding of Aedes mosquitos. Then Volunteers

carry out door to door campaign and distributes leaflet of fact sheet on dengue disease. The awareness camp was really conducive to keep the environment free from Dengue virus. Next recitation competition were organized, 12 children participate in the competition and prize were given to first ,second and third positioned participant. 20 NSS volunteer were present.



DAY 7, Date: 26/03/2023

AWARENESS PROGRAMME ON INFANT and CHILD FEEDING, NUTRITION and VALEDICTORY SESSION

On last day of the camp we organized a seminar on Infant and Child Feeding. Ms. Mitali Palodhi, Vice president, Indian Dietetic Association was the speaker of the events. She taught and aware the participant on importance of proper nutrient requirement of infant and also for the mother. She also told the importance of Indian traditional food for the development of child. She suggests the participant not to eat fast food, packaged fruit juice, impeded from taking unnecessarily energy drinks. In second half valedictory session was organized. The session was presiding by principal, Dr. Saurabh Chakraborty. Dr. Lina Sen, Associate Professor, Dept of Bengali gave the valedictory speech and inspired NSS volunteers for social work by her motivational lecture. Then two NSS volunteers shared their experience of special camp. Then cultural programmes were organized by children of the local community whom we teach in workshop and also by NSS volunteers. At the

end vote of thanks was given by programme officer of NSS unit bidhannagar college. The camp was ended with nation anthem, which was sung with full of honor.

